



Personal Training Packages

One-On-One Private Training

30 Minute Sessions

12 Sessions.....\$25.00/ea.
24 Sessions.....\$22.50/ea.*
36 Sessions.....\$20.00/ea.*

**payment plan available*

60 Minute Sessions

12 Sessions.....\$45.00/ea.
24 Sessions.....\$40.00/ea.*
36 Sessions.....\$37.50/ea.*

**payment plan available*

Partner Training

30 Minute Sessions

12 Sessions.....\$27.50/ea. (\$13.75 individual)
24 Sessions.....\$25.00/ea. (\$12.50 individual)
36 Sessions.....\$22.50/ea. (\$11.25 individual)

60 Minute Sessions

12 Sessions.....\$47.50/ea. (\$23.75 individual)
24 Sessions.....\$45.00/ea. (\$22.50 individual)
36 Sessions.....\$42.50/ea. (\$21.25 individual)

Personal Training Payment Options

First Payment made up front

Additional payments will be deducted from checking acct, savings acct, or credit card

30 minute sessions

24 sessions= 2 payments of \$270
36 sessions= 3 payments of \$240

60 minute sessions

24 sessions= 2 payments of \$480
36 sessions= 3 payments of \$450